

## Adult Wellness Court

### About Us

#### Wellness Court Goals

- Participants eliminate the use of mind or mood altering substances
- Participants are held accountable to themselves, victims and community.
- Participants restore their family relationships
- Participants become responsible Hoopa citizens and give back to community
- Public safety is improved
- Increased collaboration and seamless provision of services



Photo by Byron Nelson III

In response to how drugs and alcohol are hurting our community, the Hoopa Tribal Court, through a memorandum of understanding with the Humboldt Superior Court, has created the Adult Wellness Court as alternative to the state's criminal court. The Adult Wellness Court embraces Tribal Healing to Wellness components and is informed by Hoopa traditions, and culture. What we believe is that through introspection, reflection, and connection, we heal ourselves and each other. Wellness is achieved through a holistic approach to support the next generation.

#### Contact Us

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The Adult Wellness Court promotes Hoopa Tribal sovereignty and Native nation-building.

**ADULT  
WELLNESS  
COURT**



### **Court's Vision**

A path to physical and spiritual healing for court-involved Hoopa Tribal members to achieve total abstinence from alcohol and illegal drugs.

### **Court's Mission**

To break the “revolving door” cycle of drugs and crime.

### **Eligibility**

Are you a Hoopa Tribal member and resident of the Hoopa Indian Reservation?

Do you want help with alcohol or drug addiction?

Do you have some involvement with the criminal courts?

If you answered, *yes*, then find out if the Adult Wellness Court can help you get back on a healing path.

# Our Healing Approach

### **Wellness Plan and Phases**

Each participant has a wellness team that includes a probation officer/case manager, chemical dependency treatment counselor, behavioral health therapist, and other service providers. Phases are used to help participants reach their sobriety milestones and life goals, which are described in a wellness plan.

### **Expectations for Participants**

- Make a wellness plan with services that are relevant to you
- Follow through with your wellness plan
- Attend meetings with your probation officer and wellness team
- Attend court hearings
- Complete frequent alcohol and drug screenings
- Participate in substance use treatment
- Make a Life Change Plan
- Give back to the community
- Commencement (Graduation)

### **Court Offers**

Tools to make healthy decisions and break the cycle of addiction:

- Individual and Community Healing
- A Team Approach
- Ongoing and Frequent Wellness Court Hearings
- Holistic, Structured, and Phased Alcohol and Drug Abuse Treatment
- Engagement in Hoopa Tribal Culture (for example, fishing, basket-weaving, canoe construction, beading, and traditional dances)
- Wrap Around Services and Intensive Case management
- Incentives and Consequences to Stay on Track with Sobriety, Life Goals, and Court Requirements

