



HOOPA VALLEY

 **TRIBAL COURT** 

BRINGING RESTORATIVE JUSTICE RICH IN CULTURE TO THE HOOPA VALLEY

Wellness Court Participant Handbook

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What is Hoopa Adult Wellness Court?

Welcome to the Hoopa Adult Wellness Court Program. This handbook is designed to answer your questions, provide you with helpful information and help you through the process. As a participant of the Wellness Court, **YOU ARE EXPECTED TO COMPLY WITH ALL ASPECTS OF THIS HANDBOOK, THE WELLNESS COURT REQUIREMENTS, AS WELL AS INSTRUCTIONS FROM THE HOOPA ADULT WELLNESS TEAM.**

The Hoopa Adult Wellness Team determines who will be admitted into the program. The program is designed for individuals who voluntarily choose to participate in the program. **Wellness Court is a Privilege, Not a Right!**

The program includes regular meetings with the Probation Officer along with intensive chemical dependency treatment and other Wellness Court Appearances. The program could also include regular meetings with Behavioral Health. Treatment could include: individual and group counseling sessions, substance abuse education, a family program, relapse prevention, relationship support, referral to community resources/services, regular attendance at Recovery Support Activities (such as Narcotic/Alcoholics Anonymous), random urinalysis testing, community service, community activities, and curfew.

A Chemical Dependency counselor completes your Assessment/Intake and makes recommendations that address your individual needs. A Behavioral Health therapist will also complete an Assessment/Intake to determine any other individual needs. When accepted into Wellness Court you are given a treatment schedule. At that time, you must also provide a baseline urine sample. You will receive random urine testing throughout the program. The schedule of testing will be determined by your level within the program and at the discretion of the Case Manager and treatment providers.

Your Chemical Dependency counselor and Behavioral Health therapist, if necessary, will develop an individualized treatment plan, with your input. Your counselor/therapist will monitor your progress in the treatment programs and provide reports to the Wellness Court Committee for review prior to each of your court appearances.

The Wellness Court Case Manager will be your primary contact from the Probation Department. He/she will assist you in obtaining education and/or job readiness skills by providing referrals for training, education and/or job placement services. Your Case Manager also helps you to obtain other services provided by the community that may have been identified in your treatment plan as necessary. Your Case Manager will request random urine testing, check on compliance with community service hours, and monitor overall progress with the program. The Case Manager will provide reports to the Wellness Court Committee for review prior to each of your court appearances.

When you make your decision to enter the program and your case gets transferred to Wellness Court Program, your life essentially becomes an “open book.” All aspects of your life, both in and out of the program, will be shared with all members of the

Hoopa Adult Wellness Team. However, any information of a sensitive nature will NOT be discussed in group appearances during your review. Successful completion and “graduation” from the program will result in having your case or probation violation dismissed. This means that the charge cannot be refilled.

Why Participate in Wellness Court?

- To get support needed to live a healthy and substance-free life.
- To build healthy, sober and positive relationships with family, community and friends.
- To take responsibility for and repair harm caused to victims and the community.
- **Completion of the Wellness Court Program will result in dismissal of pending charges or probation violations.**

What are the Goals of the Wellness Court Program?

The Wellness Court program seeks to reduce alcohol and other drug abuse and recidivism among nonviolent criminal offenders who come before the tribal court. Included within this goal is the following:

- Assist participants in eliminating use of mind or mood altering substances of any kind.
- Improve public safety.
- Help participants be accountable to victims and community.
- Encourage development of commitment to personal health, living free of addiction and illegal activities, strong community involvement and restore family relationships.
- Increase collaboration between the justice system, substance abuse treatment providers, educational programs and community partners to help participant be successful.
- Help participants become responsible citizens of the Quinault Indian Nation.

Who is Eligible?

For any prospective participant, the eligibility is in the sole discretion of the majority of the Hoopa Adult Wellness Team.

Qualifying Criteria

To be eligible for the Hoopa Wellness Court, the proposed applicant must meet the following criteria:

- Resident of Hoopa Indian Reservation for a minimum of six (6) months and plan to permanently reside within the jurisdiction of the Hoopa Tribal Court.

- A member of the Hoopa Valley Tribe or enrolled or eligible for enrollment in any federally recognized Indian tribe.
- Participant must be drug or alcohol addicted, and willing to address the problem.
- The applicant must have a pending charge before any Court within Humboldt County California, have a desire AND be motivated to change their life.

Disqualifying Criteria

The following may disqualify the prospective participant: (an applicant's criminal history may exclude an applicant from participation in the program).

- The current offense of sale, manufacture or delivery of a controlled substance or marijuana; or the current offense of intent to sale, manufacture, or deliver a controlled substance or marijuana
- Violent felony offenders, as defined by federal law and defined in California Penal Code section 667.5(c).
- A serious felony, as defined in California Penal Code section 1192.7(c).
- Involuntary manslaughter
- Vehicular manslaughter
- A violation of California Penal Code section 236.1
- A violation of California Penal Code section 266e
- A violation of California Penal Code section 266h or 266i
- A violation of California Penal Code section 267
- A violation of California Penal Code section 288.2, 288.3, or 288.4
- A violation of law involving pornography as defined in Penal Code sections 311.1 et seq.
- An offense for which a person, if convicted, would be required to register pursuant to Section 290.
- A felony violation of child abuse as defined in Penal Code sections 273a-d.
- A felony violation of Penal Code section 273.5.
- A felony violation of Vehicle Code sections 23152 or 23153
- A pattern of domestic violence deemed a recent violent offender within the last three years.
- Participant used a deadly or dangerous weapon and or caused great bodily injury in any offense.
- Evidence that the defendant targeted vulnerable victims (such as elders or children).
- Sex offenses, either as the current offense or as part of the participant's criminal history.
- Previous participation in the Hoopa Wellness Court Program; a participant is disqualified if the applicant has been admitted more than one time within the previous 5 years.

See Humboldt County Diversion form attachment at the end of the packet

How do Interested Participants get into the Program?

Participants are referred to the program in a number of ways. When arrested, or subject to a probation violation, the Police Department or the Probation Officer informs the Prosecuting Attorney of the person's eligibility. The Prosecutor's office then decides charges/violations to file and informs the Court of the participant's eligibility based solely on the criteria.

Upon information from the Prosecutor's Office, the Court includes information about Wellness Court with the Summons. Then at first appearance, the Court informs the defendant of eligibility and encourages the person to talk to the public defender and/or the Case Manager.

The public defender provides the defendant with an Application. The Case Manager refers the person to the appropriate evaluations. Once the application and the evaluations are complete the Hoopa Adult Wellness Team then votes on whether the participant is accepted or denied. If the person is denied, the Humboldt County Superior Court process continues. If the person is accepted, the person's case is transferred into the Wellness Court Program, and the participant begins the program. (See Chart on next page).

TRIBAL DIVERSION PROCEDURES

Arraignment Screen & Attorney Communication Waiver

1. Assist your client to fill out an “Arraignment Screening & Waivers” form.
2. If your client indicates they are a tribal member, fill out and sign the RPC 4.2 waiver on the form to allow tribal attorneys to speak to your client regarding Tribal Diversion.



Contact Tribe & Send Form

Scan the Arraignment Screening & Waivers form and email it to the appropriate tribal court contact, exchange ROIs, and establish communication.

Tribal Court	Email	Phone
Hoopla Tribal Court	HVTCourtCoordinator@gmail.com	(530) 625-4305 x 302
Yurok Tribal Court	ywcd@yuroktribe.nsn.us	(707) 954-2374

* Additional tribal court contacts to be provided as available.



Provide Criminal Case Files

Upon exchange of ROIs, provide your client’s files, including criminal history, to the tribal court.



Acceptance & Tribal Diversion File

1. The tribal court will determine whether to accept your client into Tribal Diversion.
2. If accepted, the tribal court will provide you with a Tribal Diversion File, including the Wellness Case Plan.



Filing & Service

1. File a “Request to Enter Diversion” – With Tribal Diversion File attached – in Humboldt County Superior Court and direct pleadings to presiding Judge Hinrichs.
2. Serve a copy on the tribal court via email.
3. The state court will set a hearing and approve diversion.
4. The tribal court will file monthly progress reports in state court and serve copies on the prosecutor and defense counsel.
5. If there are future defense filings in state court, the tribal court should be served via email.



Review & Termination

The state court will set hearings for review if needed and prior to any proposed termination.



Dismissal

If the client performs satisfactorily, at the end of the diversion period, misdemeanor charges will be dismissed by the state court and felonies will be dismissed by the prosecutor.

What is Wellness Court Supervision?

The Wellness Court Participant is required to report to the Case Manager on a regular basis (in some cases daily). Prior to each Wellness Court appearance, the Hoopa Adult Wellness Team receives a detailed progress report from your Chemical Dependency Treatment Counselor, Behavioral Health Therapy, the Case Manager, and any other program services you are engaged. The following information could be provided to the Team:

- Current Address, phone number and living arrangements
- Employment Status
- Progress made on your treatment plan
- Attendance and participation in treatment services
- Results of any drug testing
- Number of clean and sober days
- Any violations of program rules or expectations
- Comments/recommendations

During the Wellness Court appearances, the Team will discuss your progress with you and give out any rewards/incentives or consequences/sanctions for behavior. The Team discusses some of the specific problems and/or accomplishments that have occurred. If you are doing well, you are encouraged to continue with the program and work toward success. If you are not doing well or have specific violations, the Team will discuss the issues with you to determine further action or consequences.

The primary goal of the Wellness Court Program is to support you in achieving a healthy, positive and satisfying lifestyle through total abstinence from alcohol and/or illegal drugs. The mission of the Program is to break the “revolving door” cycle of drugs and crime.

Failure to attend program sessions on the dates and times that you are scheduled and positive urinalysis results, are some violations that may result in consequences/sanctions being imposed. IN some cases, this may include termination from the program and your pending criminal case will be transferred back to the originating Court for sentencing/disposition. If you have questions regarding the program or your Wellness Court appearances, you may contact your Case Manager directly at (530) 625-4305 ext. 307 or you may contact your treatment counselor at (530) 625-4261.

What are the Wellness Court Phases?

The Wellness Court Program is divided into four (4) levels, called “phases.” Each Phase is a minimum of 90 days. Participants advance to the next phase after they meet the requirements of their current phase. The participant can move back to earlier phases if they receive consequences/sanctions. The phases include:

- Phase I: Orientation and Stabilization
- Phase II: Intensive Treatment

- Phase III: Maintenance
- Phase IV: Continued Care/Aftercare

Because each person's needs are different, the Wellness Court Program is individually tailored for each participant; however, there are certain requirements that all participants are required to complete:

Mandatory Requirements of ALL Participants:

- Sobriety
- Court Appearances
- Random Drug Testing
- Education or Employment Requirements
- Contact with Case Manager or Program Coordinator and/or Probation Officer
- Substance Abuse Counseling and Treatment
- Community Service
- Recreation Activities
- Recovery or Support Groups

Individual Requirements could include but are not limited to:

- Parenting Classes
- Mental Health Counseling and Treatment
- Domestic Violence Counseling and Treatment
- Recreation Activities
- Volunteer work
- Community Participation
- Traditional Ceremonies or Events
- Traditional Healing Ceremonies
- Spiritual/Hope Activities
- Talking Circles
- Other appropriate activities or programs designed to address a component of a participant's treatment plan.

Phase I: Orientation and Stabilization

Phase I begins when the participant enters the Wellness Court Program. The focus is stopping substance use, identifying problems and orienting to the program and rules. This is where the real work begins.

This is where you will get your feet on the ground and pointed in the right direction, stable, ready to do the work that lies ahead. First, you will meet with your Case Manager. You will review the Program and phase recruitments and your Case Manager will answer any questions that you have about the program.

You will meet with your Case Manager a minimum of once per week. You will be attending individual sessions with your treatment counselor and treatment groups three times per week. You will be submitting to random UA's which will be administered either by your Case Manager or you Chemical Dependency program.

You will be participating in recovery support activities, such as AA/NA meetings or church groups, related to maintaining sobriety. You will also be expected to perform community service on a weekly basis.

Requirements	Phase I
Court	Weekly
Individual Counseling/Therapy	Weekly
Family Support Group	As ordered
Family Therapy	As Ordered
Culture	As Ordered
Probation	As arranged
Case Manager	Weekly
Community Service	10 hours per week
Recreation	0 hours per week
Recovery Groups/Activities	30 in 90 days
Random Drug Test	At least 2 per week
Curfew	9pm-5am/House arrest
Abstinence	45 days
Physical Exam	Within 30 days
Dental Exam	Within 30 days
Get Sponsor	Complete Steps 1-3
Strength Based Assessment	Within 30 days
Exit Plan	Oral/Written Presentation
Other Requirements	As Determined by the Wellness Team

See Phase Rules on the next page

The following MUST be followed at all times:

- _____ 1. Wellness Court terms and conditions (i.e. court appearances, treatment sessions, recreational activities or other court ordered activities) have priority over all other activities, including sports.
- _____ 2. Appear **on time and in person** for ALL scheduled court hearings, and stay until all cases are heard. **Failure to appear in court as required may result in an arrest warrant being issued and sanctions being imposed.** During Phase I, you are required to appear weekly for Wellness Court.
- _____ 3. Participate in ALL treatment/counseling sessions. You must attend all weekly scheduled treatment/counseling sessions. This includes alcohol/drug education classes and individual and family counseling sessions.
- _____ 4. You are required to comply with a **curfew** established by the Hoopa Adult Wellness Team. **Your curfew for Phase I is 9:00 p.m. to 5:00 a.m. or house arrest.** You must submit, **in advance**, written requests to the Team for permission to attend overnight activities or events outside of the community. At least seven (7) days' notice is required.
- _____ 5. You must attend and be on time for ALL scheduled activities. This includes court hearings, treatment/counseling sessions, recreational activities, community service, and any other appointments required by your participation. **If you are more than five (5) minutes late, you may not be allowed to attend/participate, and will be considered to have missed that session.** Generally, only a verified medical matter is a reasonable excuse.
- _____ 6. You must provide written proof of **10 hours of community service** hours no later than the day before your weekly scheduled court hearing. You are responsible for obtaining the form from the Case Manager. You will NOT be allowed to fill out the form on the day of court.
- _____ 7. Submit to at least 2 weekly random drug tests (urine, saliva, breath or other appropriate means of monitoring). You must submit to testing upon request; if you refuse to provide a sample, it will be considered a positive test for substances. **A positive, refused, or failure to immediately respond to a request will be grounds for immediate apprehension and 48 hours incarceration for the first infraction, a minimum of 72 hours for the second and subsequent infractions.** Additional sanctions may also be imposed at the next regularly scheduled court hearing.
- _____ 8. Do not schedule appointments/activities during scheduled court hearings or treatment sessions.
- _____ 9. Provide a current and active phone number, or a message phone number.
- _____ 10. You are required to attend **30 recovery groups in 90 days.** You must get a sponsor and **complete steps 1-3** prior to being advanced to Phase II.
- _____ 11. You must **abstain** from all chemical substances not prescribed. You must be clean and sober for a minimum of 45 days before being advanced to Phase II.
- _____ 12. You must obtain a **physical exam and a dental exam** within 30 days
- _____ 13. Keep all information from court sessions confidential. In other words, do not discuss anything that happens during Wellness Court (i.e. drug test results, new arrests etc.) with anyone that is not involved with the Wellness Court.
- _____ 14. You are responsible for your own transportation to and from all court hearings and treatment sessions.
- _____ 15. You shall select and inform your team members of which activities you will engage in for your minimum number of recreation hours in each phase of the program such as weight lifting, biking, yoga, basketball etc. or an alternative activity such as language classes.
- _____ 16. You must dress appropriately at all times while participating in Wellness Court activities. Clothing bearing drug or alcohol related themes, gang affiliation, obscene or vulgar messages are considered inappropriate.
- _____ 17. You shall not use profanity and other vulgar or rude language during Wellness Court activities. This includes all court hearings, treatment sessions, community service work, and recreational activities.
- _____ 18. Violence, harassment, or other inappropriate behavior among participants or other individuals will not be tolerated. Such behavior may result in termination from the program.
- _____ 19. You shall comply with all reasonable commands and directives of the Tribal Court Case Manager, Program Coordinator, Treatment Counselors, Clinical Therapists, Probation Officer, Court Bailiff, Hoopa Wellness Court Team members and Police Officer during all Wellness Court activities.
- _____ 20. You must be respectful and courteous to others, including other Participants, their spouses/immediate family, members of the Adult Wellness Court Team and court staff during all Wellness Court hearings, treatment sessions and recreational activities.
- _____ 21. You **MUST** provide the Case Manager with all prescriptions and over the counter medication information no later than the next business day after receipt.
- _____ 22. Prior to advancing to Phase II, you must write a letter to the Wellness Court Team stating what you have learned through Phase I, and why you should be advanced to Phase II.
- _____ 23. OTHER REQUIREMENT: _____
- _____ 24. OTHER REQUIREMENT: _____

Your initials above and signature below indicates that you have read and understand all of your requirements to participate in the Wellness Court Program. Any violation of the above rules will result in point advancement and sanctions.

Date: _____

Participant

Phase II: Intensive Treatment

You have now orientated yourself to the Program. This Phase is where you begin to see how you fit into your community. During this phase you will meet with your Case Manager on a regular basis, as he/she directs. You will continue your treatment program. Court appearances are cut back to every-other week. You are given a little more freedom by way of recreational time. You are still expected to complete community service, submit to random drug testing, and continue with the recovery support meetings.

Requirements	Phase II
Court	Bi-Weekly
Individual Counseling/Therapy	As Arranged
Family Support Group	As ordered
Family Therapy	As Ordered
Culture	As Ordered
Probation	As arranged
Case Manager	As arranged
Community Service	2 hours per week
Recreation	10 hours per week
Recovery Groups/Activities	3 per week
Random Drug Test	At least 2 per week
Curfew	As ordered
Abstinence	Minimum 60 days
Continue with Sponsor	Maintain Steps 4-6
Substance Abuse Evaluation	Reassessed
Exit Plan	Oral/Written Presentation
Other Requirements	As ordered by the Wellness Team

See Phase Rules on the next page.

The following MUST be followed at all times:

- ___ 1. Wellness Court terms and conditions (i.e. court appearances, treatment sessions, recreational activities or other court ordered activities) have priority over all other activities, including sports.
- ___ 2. Appear **on time and in person** for ALL scheduled court hearings, and stay until all cases are heard. **Failure to appear in court as required may result in an arrest warrant being issued and sanctions being imposed.** During Phase II, you are required to appear bi-weekly for Wellness Court, or as directed by the Hoopa Adult Wellness Team.
- ___ 3. Participate in ALL treatment/counseling sessions. You must attend all scheduled treatment/counseling sessions. This includes alcohol/drug education classes and individual and family counseling sessions.
- ___ 4. You are required to comply with a **curfew** established by the Hoopa Adult Wellness Team. **Your curfew for Phase II is ___ p.m. to ___ a.m.** You must submit, **in advance**, written requests to the Team for permission to attend overnight activities or events outside of the community. At least seven (7) days' notice is required.
- ___ 5. You must attend and be on time for ALL scheduled activities. This includes court hearings, treatment/counseling sessions, recreational activities, community service, and any other appointments required by your participation. **If you are more than five (5) minutes late, you may not be allowed to attend/participate, and will be considered to have missed that session.** Generally, only a verified medical matter is a reasonable excuse.
- ___ 6. You must provide written proof of **2 hours of community service** hours no later than the day before your weekly scheduled court hearing. You are responsible for obtaining the form from the Case Manager. You will NOT be allowed to fill out the form on the day of court.
- ___ 7. Submit to at least 2 weekly random drug tests (urine, saliva, breath or other appropriate means of monitoring). You must submit to testing upon request; if you refuse to provide a sample, it will be considered a positive test for substances. **A positive, refused, or failure to immediately respond to a request will be grounds for immediate apprehension and 48 hours incarceration for the first infraction, a minimum of 72 hours for the second and subsequent infractions.** Additional sanctions may also be imposed at the next regularly scheduled court hearing.
- ___ 8. Do not schedule appointments/activities during scheduled court hearings or treatment sessions.
- ___ 9. Provide a current and active phone number, or a message phone number.
- ___ 10. You are required to attend **3 recovery groups per week**. You must get a sponsor and **maintain steps 4-6** prior to being advanced to Phase III.
- ___ 11. You must **abstain** from all chemical substances not prescribed. You must be clean and sober for a minimum of 60 days before being advanced to Phase III.
- ___ 12. Keep all information from court sessions confidential. In other words, do not discuss anything that happens during Wellness Court (i.e. drug test results, new arrests etc.) with anyone that is not involved with the Wellness Court.
- ___ 13. You are responsible for your own transportation to and from all court hearings and treatment sessions.
- ___ 14. You shall participate in a minimum number of recreation hours in each phase of the program such as weight lifting, biking, yoga, basketball etc. or an alternative activity such as language classes. The minimum number of recreation/alternative activity hours required in Phase II is 10 hours per week.
- ___ 15. You must dress appropriately at all times while participating in Wellness Court activities. Clothing bearing drug or alcohol related themes, gang affiliation, obscene or vulgar messages are considered inappropriate.
- ___ 16. You shall not use profanity and other vulgar or rude language during Wellness Court activities. This includes all court hearings, treatment sessions, community service work, and recreational activities.
- ___ 17. Violence, harassment, or other inappropriate behavior among participants or other individuals will not be tolerated. Such behavior may result in termination from the program.
- ___ 18. You shall comply with all reasonable commands and directives of the Tribal Court Case Manager, Program Coordinator, Treatment Counselors, Clinical Therapists, Probation Officer, Court Bailiff, Hoopa Wellness Team members and Police Officer during all Wellness Court activities.
- ___ 19. You must be respectful and courteous to others, including other Participants, their spouses/immediate family, members of the Hoopa Adult Wellness Team and court staff during all Wellness Court hearings, treatment sessions and recreational activities.
- ___ 20. You **MUST** provide the Case Manager with all prescriptions and over the counter medication information no later than the next business day after receipt.
- ___ 21. OTHER REQUIREMENT: _____
- ___ 22. OTHER REQUIREMENT: _____

Your initials above and signature below indicates that you have read and understand all of your requirements to participate in the Wellness Court Program. Any violation of the above rules will result in point advancement and sanctions.

Date: _____

Participant

Phase III: Maintenance

The Maintenance Phase continues on all the good work that you have been doing so far. You will continue to engage in healthy activities.

Requirements	Phase III
Court	Bi-Weekly
Individual Counseling/Therapy	As Arranged
Family Support Group	As ordered
Family Therapy	As Ordered
Culture	As Ordered
Probation	As arranged
Case Manager	As arranged
Community Service	2 hours per week
Recreation	10 hours per week
Recovery Groups/Activities	2 per week
Random Drug Test	At least 1 per week
Curfew	As ordered
Abstinence	Minimum 90 days
Continue with Sponsor	Maintain Steps 7-9
Exit Plan	Oral/Written Presentation
Other Requirements	As ordered by the Wellness Team

See Phase Rules on the next page.

The following MUST be followed at all times:

- ___ 1. Wellness Court terms and conditions (i.e. court appearances, treatment sessions, recreational activities or other court ordered activities) have priority over all other activities, including sports.
- ___ 2. Appear **on time and in person** for ALL scheduled court hearings, and stay until all cases are heard. **Failure to appear in court as required may result in an arrest warrant being issued and sanctions being imposed.** During Phase III, you are required to appear bi-weekly for Wellness Court, or as directed by the Hoopa Adult Wellness Team.
- ___ 3. Participate in ALL treatment/counseling sessions. You must attend all scheduled treatment/counseling sessions. This includes alcohol/drug education classes and individual and family counseling sessions.
- ___ 4. You are required to comply with a **curfew** established by the Hoopa Adult Wellness Team. **Your curfew for Phase III is ___ p.m. to ___ a.m.** You must submit, **in advance**, written requests to the Team for permission to attend overnight activities or events outside of the community. At least seven (7) days' notice is required.
- ___ 5. You must attend and be on time for ALL scheduled activities. This includes court hearings, treatment/counseling sessions, recreational activities, community service, and any other appointments required by your participation. **If you are more than five (5) minutes late, you may not be allowed to attend/participate, and will be considered to have missed that session.** Generally, only a verified medical matter is a reasonable excuse.
- ___ 6. You must provide written proof of **2 hours of community service** hours no later than the day before your weekly scheduled court hearing. You are responsible for obtaining the form from the Case Manager. You will NOT be allowed to fill out the form on the day of court.
- ___ 7. Submit to at least 1 weekly random drug tests (urine, saliva, breath or other appropriate means of monitoring). You must submit to testing upon request; if you refuse to provide a sample, it will be considered a positive test for substances. **A positive, refused, or failure to immediately respond to a request will be grounds for immediate apprehension and 48 hours incarceration for the first infraction, a minimum of 72 hours for the second and subsequent infractions.** Additional sanctions may also be imposed at the next regularly scheduled court hearing.
- ___ 8. Do not schedule appointments/activities during scheduled court hearings or treatment sessions.
- ___ 9. Provide a current and active phone number, or message phone number.
- ___ 10. You are required to attend **2 recovery groups per week.** You must get a sponsor and **maintain steps 7-9** prior to being advanced to Phase IV, the final stage.
- ___ 11. You must **abstain** from all chemical substances not prescribed. You must be clean and sober for a minimum of 90 days before being advanced to Phase IV, the final phase.
- ___ 12. Keep all information from court sessions confidential. In other words, do not discuss anything that happens during Wellness Court (i.e. drug test results, new arrests etc.) with anyone that is not involved with the Wellness Court.
- ___ 13. You are responsible for your own transportation to and from all court hearings and treatment sessions.
- ___ 14. You shall participate in a minimum number of recreation hours in each phase of the program such as weight lifting, biking, yoga, basketball etc. or an alternative activity such as language classes. The minimum number of recreation/alternative activity hours required in Phase III is **10 hours per week.**
- ___ 15. You must dress appropriately at all times while participating in Wellness Court activities. Clothing bearing drug or alcohol related themes, gang affiliation, obscene or vulgar messages are considered inappropriate.
- ___ 16. You shall not use profanity and other vulgar or rude language during Wellness Court activities. This includes all court hearings, treatment sessions, community service work, and recreational activities.
- ___ 17. Violence, harassment, or other inappropriate behavior among participants or other individuals will not be tolerated. Such behavior may result in termination from the program.
- ___ 18. You shall comply with all reasonable commands and directives of the Tribal Court Case Manager, Program Coordinator, Treatment Counselors, Clinical Therapists, Probation Officer, Court Bailiff, Hoopa Wellness Team members and Police Officer during all Wellness Court activities.
- ___ 19. You must be respectful and courteous to others, including other Participants, their spouses/immediate family, members of the Hoopa Wellness Team and court staff during all Wellness Court hearings, treatment sessions and recreational activities.
- ___ 20. You MUST provide the Case Manager with all prescriptions and over the counter medication information no later than the next business day after receipt.
- ___ 21. OTHER REQUIREMENT: _____
- ___ 22. OTHER REQUIREMENT: _____

Your initials above and signature below indicates that you have read and understand all of your requirements to participate in the Wellness Court Program. Any violation of the above rules will result in point advancement and sanctions.

Date: _____

Participant

Phase IV: Continued Care/Aftercare

Continued Care and Aftercare is the final phase in the Wellness Court Program. The purpose of this phase is to strengthen the participant's transition back to being a contributing member of society.

Completion of the Wellness Court Program is based upon individual progress and meeting all program requirements in all phases. Graduation occurs no earlier than twelve (12) months after entering the program.

To graduate, participants must complete an exit plan and program debriefing with the Wellness Court Committee.

Requirements	Phase IV
Court	Monthly
Individual Counseling/Therapy	As arranged
Culture	As Ordered
Case Manager	As arranged
Community Service	2 hrs. per week
Recreation	10 hrs. per week.
Recovery groups	1 per week
Random Drug Test	1 per month
Curfew	As ordered
Abstinence	90 days
Get Sponsor	Maintain Steps 10-12
Exit Plan	As Arranged
Program Debrief	As Arranged
Other Requirements	As Ordered by the Wellness Team

See Phase Rules on the next page.

The following MUST be followed at all times:

1. Wellness Court terms and conditions (i.e. court appearances, treatment sessions, recreational activities or other court ordered activities) have priority over all other activities, including sports.
2. Appear **on time and in person** for ALL scheduled court hearings, and stay until all cases are heard. **Failure to appear in court as required may result in an arrest warrant being issued and sanctions being imposed.** During Phase IV, you are required to appear monthly for Wellness Court, or as directed by the Hoopa Adult Wellness Team.
3. Participate in ALL treatment/counseling sessions. You must attend all scheduled treatment/counseling sessions. This includes alcohol/drug education classes and individual and family counseling sessions.
4. You are required to comply with a **curfew** established by the Hoopa Adult Wellness Team. **Your curfew for Phase IV is ____ a.m. to ____ p.m.** You must submit, **in advance**, written requests to the Team for permission to attend overnight activities or events outside of the community. At least seven (7) days' notice is required.
5. You must attend and be on time for ALL scheduled activities. This includes court hearings, treatment/counseling sessions, recreational activities, community service, and any other appointments required by your participation. **If you are more than five (5) minutes late, you may not be allowed to attend/participate, and will be considered to have missed that session.** Generally, only a verified medical matter is a reasonable excuse.
6. You must provide written proof of **2 hours of community service** hours no later than the day before your weekly scheduled court hearing. You are responsible for obtaining the form from the Case Manager. You will NOT be allowed to fill out the form on the day of court.
7. Submit to at least 1 weekly random drug tests (urine, saliva, breath or other appropriate means of monitoring). You must submit to testing upon request; if you refuse to provide a sample, it will be considered a positive test for substances. **A positive, refused, or failure to immediately respond to a request will be grounds for immediate apprehension and 48 hours incarceration for the first infraction, a minimum of 72 hours for the second and subsequent infractions.** Additional sanctions may also be imposed at the next regularly scheduled court hearing.
8. Do not schedule appointments/activities during scheduled court hearings or treatment sessions.
9. Provide a current and active phone number, or a message phone number.
10. You are required to attend **1 recovery groups per week.** You must get a sponsor and **maintain steps 10-12** prior to being released from the program.
11. You must **abstain** from all chemical substances not prescribed. You must be clean and sober for a minimum of 90 days before being released from the program.
12. Keep all information from court sessions confidential. In other words, do not discuss anything that happens during Wellness Court (i.e. drug test results, new arrests etc.) with anyone that is not involved with the Wellness Court.
13. You are responsible for your own transportation to and from all court hearings and treatment sessions.
14. You shall participate in a minimum number of recreation hours in each phase of the program such as weight lifting, biking, yoga, basketball etc. or an alternative activity such as language classes. The minimum number of recreation/alternative activity hours required in Phase IV is **10 hours per week.**
15. You must dress appropriately at all times while participating in Wellness Court activities. Clothing bearing drug or alcohol related themes, gang affiliation, obscene or vulgar messages are considered inappropriate.
16. You shall not use profanity and other vulgar or rude language during Wellness Court activities. This includes all court hearings, treatment sessions, community service work, and recreational activities.
17. Violence, harassment, or other inappropriate behavior among participants or other individuals will not be tolerated. Such behavior may result in termination from the program.
18. You shall comply with all reasonable commands and directives of the Tribal Court Case Manager, Program Coordinator, Treatment Counselors, Clinical Therapists, Probation Officer, Court Bailiff, Hoopa Adult Wellness Team members and Police Officer during all Wellness Court activities.
19. You must be respectful and courteous to others, including other Participants, their spouses/immediate family, members of the Wellness Team and court staff during all Wellness Court hearings, treatment sessions and recreational activities.
20. You **MUST** provide the Case Manager with all prescriptions and over the counter medication information no later than the next business day after receipt.
21. Prior to being released from the program, you will be required to participate in an exit planning and debriefing meeting with the Wellness Court Team.
22. OTHER REQUIREMENT: _____

Your initials above and signature below indicates that you have read and understand all of your requirements to participate in the Wellness Court Program. Any violation of the above rules will result in point advancement and sanctions.

Date: _____

Participant

What are the Possible Incentives/Rewards of the Wellness Court Program?

You will get incentives based on your individual progress in the program and upon achievement of program goals and objectives deserving of recognition. The Hoopa Adult Wellness Team receives information from treatment, Case Manager, and other sources prior to each Court appearance. The Judge or any member of the Hoopa Adult Wellness Team may recommend an incentive during any phase of the program. The incentives may include but are not limited to:

- A decrease of points
- Praise and individualized recognition in Court
- Release from house arrest
- Participation in positive community activities
- Reduction of community work service hours
- Decreased random drug testing
- Certificates of Accomplishment
- Decreased court appearances
- Event tickets
- Gift Certificate

The Hoopa Adult Wellness Team has adopted the following incentive point system for Phase I to track a participant's termination points. The specific point value listed below is only applied at Phase I to allow the person to become orientated to the program. Incentives during Phases II-IV will be at the discretion of the Hoopa Adult Wellness Team. **The following chart can be modified by the Hoopa Adult Wellness Team or Judge to address individual circumstances.**

ACTIVITY	POINTS	INCENTIVE
Providing a Clean UA	1	Praise
Contact Case Manager, Probation Officer or Coordinator as directed for the week	1 to 5	Decreased check-ins until the next court date.
Completion of all treatment assignments	1 to 5	Decrease of Four (4) hours of community service for the next week.
Attendance of all Treatment or other Court Ordered Appointments	1 to 5	Certificate of Compliance for the week.
Performing additional community service hours	1 to 5	Decrease of community service hours for the next week.
Abide by all Curfew/House Arrest or EHM requirements	1 to 5	Relaxed curfew hours/house arrest/EHM.

What are the Possible Consequences/Sanctions of the Wellness Court Program?

Consequences/sanctions are determined by the Hoopa Adult Wellness Team and give based on behavior out of compliance with the program rules. Progress is based on participation in ALL areas of the program and maintaining sobriety. Consequences/sanctions are issued during Court appearances. The Hoopa Adult Wellness Team may utilize the following sanction:

- At Judge's discretion, an additional 1 to 10 points
- Increased hours of community work service or approved community participation

- Essay writing/Oral presentation
- House arrest
- Electronic Home Monitoring (EHM)
- Increased court appearances
- Increased random drug testing
- Repeat a previous/present phase
- Lengthened phase
- No contact/No association
- Incarceration
- Increased contact with Case Manager/Program Coordinator
- Termination from program
- Additional assignments
- Fines

The Hoopa Adult Wellness Team has adopted the following sanction and termination point system to track a participant’s termination points. **The following chart can be modified by the Hoopa Adult Wellness Team or Judge to address individual circumstances.**

ACTIVITY/VIOLATION	POINTS	SANCTION
Missed Court Appearance – unexcused	5	Incarceration & Fees
Lying to Wellness Team/Court	5	Essay / Letter of apology/Oral apology
Failure to or a refusal to submit to a Drug/Alcohol Test When directed or a failed Drug/Alcohol Screen.	5	IMMEDIATE, minimum 48 hours incarceration, House arrest, Increased testing,
Use of substances including misuse of over the counter and prescription drugs	5	IMMEDIATE, minimum 48 hours incarceration, House arrest, Increased testing,
Use of medication without proper notification to Case Manager or Coordinator	5	House arrest, Increased testing, possible incarceration
Charged with new offense	5 to 100	House arrest, Increased testing. Reassessment of program appropriateness.
Violation of confidentiality	5	Essay on confidentiality, letter of apology, or oral presentation
Failure to contact Case Manager, Probation Officer or Coordinator as directed	1 to 5	Daily check with Case Manager, curfew or extra Court appearances
Failure to complete treatment assignments	1 to 5	Additional four (4) hours of community service to be completed by next hearing
Missed Treatment or other Court Ordered Appointment – unexcused	1 to 5	Make up appointment will be required.
Repeated lateness to court or other court ordered activities	1 to 5	Admonition, essay, community services
Failure to complete community service in designated time	1 to 5	Completion of community service hours & additional hours.
Curfew violation/House Arrest or EHM Violations	1 to 5	Tightened curfew hours and weekend house arrest.
Inappropriate language (cussing or swearing) or displaying inappropriate gestures.	1 to 5	Additional four (4) hours of community service to be completed by next hearing
Inappropriate, disrespectful or disruptive behavior.	1 to 5	Wellness Team/Courts Discretion
Inappropriate dress	1 to 5	Additional four (4) hours of community service to be completed by next hearing
Violation of standard program rules	1 to 5	Wellness Team Discretion
Extremely Inappropriate Behavior or Found To Be Responsible for a sufficiently serious offense	100	AUTOMATIC TERMINATION FROM PROGRAM

How does the Program End?

A participant can end the Wellness Court Program in one of two ways:

- **Graduation** – successful completion of ALL Program requirements. The program is designed to be a 12 month program. Some participants will require a longer amount of time to complete all of the Program requirements.
- **Termination** – participant fails to meet and comply with conditions of the Wellness Court Program. Termination can occur if the person accumulates 100 points or more through the Wellness Court process, is charged with a drug/alcohol offense, engages in extremely inappropriate conduct as determined by majority of the Hoopa Adult Wellness Team, or voluntarily terminates Wellness Court participation. The decision for termination is ultimately made by the Hoopa Adult Wellness Team. If the participant is terminated from the program, their case will be transferred back to the Humboldt County Superior Court for sentencing/disposition.

What are the Dos and Donts of the Program?

The Dos:

- **DO attend and participate in Wellness Court appointments/sessions:** Court, probation, treatment, individual/family counseling, school, community service work, pro-social activities, and/or other Wellness Court Program activities. If a participant cannot attend a scheduled appointment, it is their responsibility to contact their Case Manager about the appointment. Missed appointments may result in consequences which can delay phase advancement or cause termination from the program.
- **Do Bring ALL necessary materials:** this includes all your materials and assignments for treatment, group, individual sessions, Court appearances, etc.
- **Do read the Program Rules, Phase Rules and Participant Handbook:** Participants should understand the requirements before and while participating in the program.
- **Do follow the law:** Any behavior that results in arrest, a citation, or new charge may be reason for consequences/sanctions or termination from the Wellness Court Program. ANY contact with law enforcement must be reported to the Case Manager immediately.
- **Do arrive on time:** Includes Court appearances, treatment, appointments and other activities. Late participants may not be allowed to attend group, appointments, etc. Being late may also result in consequences. The participant is also expected to remain at the activity for the entire session, meeting, or activity.
- **Do respect others:** Violent, profane or inappropriate behavior toward peers, staff and/or community members is not tolerated. It will be reported to the Case Manager and may result in consequences/sanctions.
- **Do ask questions:** Participants are responsible for asking questions about their requirements.
- **DO provide the Case Manager with a current active phone number.**
- **DO provide the Case Manager with all prescriptions and over the counter medication information within 72 hours of receipt.**

The Do Nots:

- **DO NOT use or possess any mind/mood altering substances:** Includes drugs, alcohol, prescription medication, over the counter medication, or herbal supplements. If any kind of medication is prescribed the participant must provide proof to their Case Manager and treatment provider within 72 hours.
- **DO NOT leave the Hoopa Reservation without prior approval.** Participants must have prior approval from their Case Manager to travel.
- **Do NOT wear inappropriate attire:** Please dress appropriately for Court appearances, community service, treatment and other Wellness Court related activities. Attire with drug, alcohol, racist, sexist, or gang related themes or scantily attire is not tolerated.
- **DO NOT schedule appointments/activities during scheduled Court hearings or treatment sessions:** participants are required to attend ALL scheduled Court appearances and treatment sessions. Participants are NOT excused from attending (1) weekly court hearings, or (2) treatment sessions, unless they speak personally with the Case Manager, and get permission directly. (Leaving a phone message, or any other kind of message, that you are not coming to court or to your scheduled treatment session, does not authorize permission to miss court or treatment.)
- **DO NOT discuss the progress of other members of the Wellness Court outside the Wellness Court session:** All information (i.e. drug test results, new arrests etc.) discussed in court during hearings is confidential and may not be discussed with any person outside of Wellness Court. In other words, any participant who hears something in court and reveals confidential information to any person outside of the Wellness Court will be subject to sanction and may be subject to an offense of Contempt of Court.

What type of Treatment is Required?

All participants participate in substance abuse treatment. Before starting the Program, each participant is required to undergo an assessment to determine the level of care required.

Detox

In this level of care you will likely have significant withdrawal symptoms that will exacerbate both medical and mental health conditions. This level of care is similar to the residential inpatient in structure; however, will include nursing staff 24 hours as well as physicians who can prescribe medications to address any instability around withdrawal, or co-occurring medical or mental health conditions that may not be stable due to continued use. You will likely be participating in group and individual therapy during this level of care. You will also receive education from CD staff as well as the medical staff. This level of care is relatively short compared to residential treatment, often ranging from 3-7 days for detox, and 7-21 days for treatment. The goal of this level of care is to stabilize.

Inpatient Treatment

This level of care addresses the individual that is not at high risk for withdrawal, does not have medical or mental health conditions that will otherwise distract from treatment, but who is open to recovery and needs a structured environment to maintain therapeutic gains or to establish abstinence. This individual may understand relapse but has limited ability to manage cues and triggers without 24 hour supervision. This level of care is located in a residential treatment facility. The length of care ranges from 14-30 days. Daily routines consist of groups, educational lectures, recovery support activities, 12-step involvement, meals, and individual sessions with counselors and ancillary services depending on the facility.

Intensive Outpatient

At this level there may be some minimal risk of withdrawal, however it will be monitored as it has the potential to distract from recovery. This level of care focuses on developing strategies that will address ambivalence or lack of awareness. This patient is at high risk for relapse or continued use if not engaged with the development of strategies to address his/her lack of awareness and solidify engagement. This level will include groups multiple days of the week up to 2 hours. It will also include weekly individual sessions to monitor progress and support engagement. The intensity of this level also addresses the risk and stability of the client's environment and adds structure or support where it is otherwise lacking.

Outpatient Treatment

This intervention is for those who are chemically dependent, but who are not experiencing acute symptoms of withdrawal, medical conditions, or mental health conditions that are not being already concurrently monitored by other outpatient providers. This patient is ready for recovery, but needs to develop motivating strategies to strengthen readiness. This patient may be able to maintain abstinence and pursue goals with minimal support. This level of care includes group weekly and individual sessions as needed to determine progress through care and appropriateness for discharge.

TREATMENT IS A CRITICAL PART OF THE WELLNESS COURT PROGRAM. IT IS IMPORTANT THAT PARTICIPANTS ARE ON TIME AND BRING REQUIRED MATERIALS FOR GROUP.

PARTICIPANTS MUST PROVIDE A NOTE FROM A DOCTOR FOR MISSING TREATMENT OR ATTEND TREATMENT AND BE DISMISSED BY STAFF FOR ILLNESS.

What if I have Prescribed Medications?

Participants are required to provide the Case Manager and treatment counselor with all prescriptions no later than the next business day of receipt. The prescriptions are required to be shared because medications can impact UA results.

What Is The Drug Testing Policy?

Drug testing is an essential part of the Wellness Court Program. Each participant agrees to submit to random drug testing at any time. Drug tests are frequent, random and visually supervised. The participant will be responsible for any undisclosed information that would affect the results of the toxicology. In addition to urinalysis you may be required to submit to breathalyzer and/or instant toxicology tests.

If you miss reporting for a requested drug test, fail to supply a specimen, or have a dilute specimen, it will be treated as a positive result.

Is There Anything That Can Cause A False Positive UA Test?

Participants in the Wellness Court Program are responsible for reading product labels. Many products contain chemicals that can cause a positive UA. Therefore participants should not use the following items (this list is not all inclusive, be sure to read the product labels):

- **Alcohol-based products** such as mouthwashes, hand sanitizers, hair products, some energy drinks, cough medicines, etc.
- **Poppy Seeds** in any form (no poppy seed case, bread, muffin, dressings, etc.)
- **Any prescription medication** unless prescribed for the participant by a doctor or medical professional. Any prescriptions must be reported to the Case Manager and Treatment provider within 72 hours of receipt.
- **“Natural” or herbal remedies or supplements** such as those sold in health food stores, without prior approval from the Case Manager and Treatment provider. This includes but is not limited to items such as spice, salvia, etc.

What Are The Program Rules?

The participant is required to abide by the following rules:

- All participants must appear in court before the Wellness Court Judge every Wednesday at 10:00 a.m. unless otherwise notified. The purpose of the weekly Wellness Court hearing is to discuss the participant's progress in the program. Failure to appear in court as required may result in an arrest warrant being issued and sanctions being imposed.
- Participants are NOT excused from attending (1) weekly court hearings, or (2) treatment sessions, unless they speak personally with the Tribal Court Case Manager, Program Coordinator or their Counselor, and get permission directly. (Leaving a phone message, or any other kind of message, that you are not coming to court or to your scheduled treatment session, does not authorize permission to miss court or treatment.)
- Do not schedule appointments/activities during scheduled court hearings or treatment sessions.
- All participants will provide the Wellness Court Coordinator, Case Manager and Therapist with a current and active phone number.
- Participants must submit, in advance, written requests to the committee for permission to attend overnight activities or events outside of the community.

- All participants must remain in court until all cases are heard. The only exception to this rule is when a participant has provided a written request to the Hoopa Adult Wellness Team prior to the hearing. No last minute requests (i.e. during the Wellness Court hearing) will be granted.
- During the Wellness Court hearing the Judge will call the Participant before the bench and address his or her progress or lack thereof in court. Cases are called in random order decided by the Judge. The Judge reserves the right to call any case in a closed setting depending on the circumstances.
- All information (i.e. drug test results, new arrests etc.) discussed in court during hearings is confidential and may not be discussed with any person outside of Wellness Court. In other words, any participant who hears something in court and reveals confidential information to any person outside of the Wellness Court will be subject to sanction and may be subject to an offense of Contempt of Court.
- Participants are responsible for their own transportation to and from all court hearings and treatment sessions (i.e. alcohol and drug education classes, individual and family counseling sessions and other scheduled activities).
- The participant must attend all weekly scheduled treatment counseling sessions. This includes but is not limited to any and all scheduled recreational activities, alcohol/drug education classes, individual and family counseling sessions. This also includes any other activities or appointments that may be developed during the course of his or her participation in the program.
- Participants must be on time for all treatment sessions, recreational activities, community work service and weekly court hearings. If late, the participant may not be allowed to attend/participate in a scheduled activity, (i.e., counseling, education classes, group sessions etc.), and will be considered to have missed that session. Contact the Counselor or Case Manager if there is a possibility of tardiness or missed session. Names and phone numbers of emergency contacts will be provided. Generally, only a verified medical matter is a reasonable excuse.
- The Participant must submit to weekly random drug tests (urine, saliva, breath or other appropriate means of monitoring) to determine if he/she has been using illegal drugs or alcohol. The Participant must submit to testing upon request or as directed by the Wellness Court or Committee Member. The Participant's refusal to provide a sample will be considered a positive test for substance.
- A positive drug test, refusal to test or failure to immediately respond to a phone call request will be grounds for immediate notification to Wellness Team Members and additional sanctions may also be imposed at the next regularly scheduled court hearing.
- The Participant shall perform a minimum number of community work service in each phase of the program. (The minimum number of community work hours and frequency required is identified in each of the phase requirements).
- The Participant shall participate in a minimum number of recreation hours in each phase of the program such as weight lifting, biking, yoga, basketball etc. or an alternative activity such as language classes. (The minimum number of recreation/alternative activity hours required is identified in each of the phase requirements).
- To verify that community work service was performed, a Participant will be required to provide a signed form (Attachment F). Each Participant is responsible for obtaining forms from the Case Manager or Program Coordinator. Participants will present the

completed/signed forms to the Case Manager or Program Coordinator by the designated due date. A Participant will NOT be allowed to fill out the form on the day of court.

- The Participant shall be responsible for the cost of court ordered home electronic monitoring and secure, continuous, remote alcohol monitors.
- All Participants are required to comply with a curfew established by the Hoopa Adult Wellness Team. The Hoopa Tribal Police Department will monitor curfew and house arrest compliance.
- Participants must dress appropriately at all times while participating in Wellness Court activities, including Wellness Court hearings, treatment sessions, and recreational activities. Clothing bearing drug or alcohol related themes, gang affiliation, obscene or vulgar messages are considered inappropriate. Clothing such as shorts, cutoff pants, midriff tops, and flip-flops are also considered inappropriate. Accessories such as sunglasses and hats are not to be worn inside the courtroom unless medically required.
- Participants shall not use profanity and other vulgar or rude language during Wellness Court activities. This includes all court hearings, treatment sessions, community work service, and recreational activities.
- Violence, harassment, or other inappropriate behavior among participants or other individuals will not be tolerated. Such behavior may result in termination from the program.
- Participants shall comply with all reasonable commands and directives of the Tribal Court Case Manager, Program Coordinator, Treatment Counselors, Clinical Therapists, Probation Officer, Court Bailiff, Hoopa Adult Wellness Team members and Police Officer during all Wellness Court activities.
- Wellness Court terms and conditions (i.e. court appearances, treatment sessions, recreational activities or other court ordered activities) have priority over all other activities, including sports.
- All Participants must be respectful and courteous to others, including other Participants, their spouses/immediate family, members of the Hoopa Adult Wellness Team and court staff during all Wellness Court hearings, treatment sessions and recreational activities.
- The participant will be required to have all program fees/costs paid in full prior to being released from the program. Fees/costs include drug testing, book fees, home electronic monitoring, fines, restitution, incarceration costs, etc.
- The participant will provide the Case Manager/Program Coordinator with all prescriptions and over the counter medication information within 72 hours of receipt.

Who Do I Call If I Need Help?

Agency/Organization	Contact Person	Phone Number or extension
Kimaw Medical Center		(530) 625-4261
Dental Office		(530) 625-4261 ext. 0311
Behavioral Health	Callista Ruiz, ASW	(530) 625-4261 ext. 450
Court Officer/Case Manager	Norvin Hostler	(530) 625-4305 ext. 307 Cell (707)
Humboldt County Behavior Health		Crisis (707) 445-7715 Appts. (707) 268-2900
Two Feathers		(707) 839-1933

Hoopa Tribal Court		(530) 625-4305 ext. 302
Family Services-Changing Tides	Reception	(707) 444-8293
United Indian Health	Weitchpec, Ca	(530) 625-4300
Humboldt County Health and human services.	Eureka, Ca	(707) 444-6600
Hoopa Police Department	Dispatch	(530) 625-4202
Hoopa Housing Authority		(530) 625- 4759
TANF	82 Willow Ln, Hoopa	(530) 625-4816
Job Trainings/assistance		
Hoopa-Yurok Vocational rehabilitation	Leanne Estrada	(530) 625-5081
TANF Employment and Training	Jacqueline McCovey	(530) 625-4816
Tribal Employment Rights Office	Penny Cordova	(530) 625-4211 ext. 162
Northern California Indian Development Council		(707) 445-8451
Step Up Program	Cassandra Crawford	707) 630-2922

Where Are Some NA/AA Meetings In The area?

Town	Name of Group	Location	Time of Meeting
Hoopa, Ca	NA/AA	Tsewenaldin Inn	Mon & Fri 6 pm
Arcata, Ca	Finding Freedom	1761 11 th street	Friday 7 PM
Eureka, Ca	Live meeting	2154 Spring st.	Tuesday 6PM
Eureka, Ca	Recovery Rocks	2154 Spring St.	Wednesday 6PM
Fortuna, Ca	Just for Today	Rohnert Park	Wednesday 6PM
Crescent City, Ca	Back to Life A/O	220 E Macken Ave.	Saturday 7PM

