Sobering Facts: Substance Abuse Affects All of Us

The substance abuse crisis is hitting our communities hard. Humboldt County has the second highest rate of opioid overdoses in the state per capita. There are high rates of other drug and alcohol abuse in our county. Families are struggling, children are being removed, and increasingly families are torn apart by the cycle of substance abuse.

We understand that families heal within communities so our program aims to heal the whole family by actively engaging communities, drawing upon an extended family support team, preserving dignity and promoting respect, employing a therapeutic model, and focusing on returning to harmony.



Family Wellness Court About Us

In response to the opioid epidemic in Humboldt County, the Humboldt Superior Court and the Hoopa Tribal Court, through a joint powers agreement, have created the Family Wellness Court as alternative to the iuvenile dependency system. The Family Wellness Court is presided over by two judges—a tribal court judge and a state court judge—and operates under California state law, Federal law, and Hoopa tribal law. The Family Wellness Court embraces components of tribal healing to wellness and collaborative court approaches, and is informed by Hoopa traditions, and culture. What believe that through is we introspection, reflection. and connection, we heal ourselves and each other. Wellness is achieved through a holistic approach to support the next generation.

Contact Us

Court Coordinators Risa Waddell: 707-269-1204 <u>RisaW@humboldtcourt.ca.gov</u> Hazel Ferris: (530)625-4305 x. 303 <u>wellnesscourtcoordinator@gmail.com</u>







Photo by Byron Nelson III

Family Wellness Court

A Collaboration between the Humboldt Superior Court and Hoopa Valley Tribal Court

WE'RE CHANGING A SYSTEM IN ORDER TO:

ADDRESS ROOT CAUSES OF ADDICTION & CHILD NEGLECT AND ABUSE

WORK AND LEARN TOGETHER

LEVERAGE ALL POSSIBLE RESOURCES

BE ACCOUNTABLE FOR BETTER RESULTS FOR OUR FAMILIES



Court's Vision

One strong, healthy community where children are safe and families thrive because parents are provided a path to recover, heal, and grow.

Court's Mission

- To operate a joint jurisdictional family dependency drug court that empowers families to make healthy decisions and breaks the cycle of addiction and child abuse & neglect through:
- •A coordinated team approach;
- •Comprehensive, culturally competent services;
- •Frequent monitoring; and
- •Building a support system for family recovery and child well-being.

Court's Inherent Powers

The Court uses its inherent powers derived from authority delegated by the Hoopa Tribal Council and Article IV of the California Constitution to provide an independent, culturally sensitive judicial forum, with fair processes for all people who appear before the Court.

Our Justice Approach

Court's Four Phases

- 1. Trust: Orientation, Assessments, Stabilization
- 2. Belonging: Healthy Connections, Education, Service Planning
- *3. Settling Up*: Taking Responsibility, Giving Back, and Feedback
- 4. Generativity: Maintenance and Transition to Lifelong Healing

Court Incorporates Components of:

Tribal Healing to Wellness Courts
 <u>http://www.wellnesscourts.org/tribal-key-components/index.cfm</u>
 California Collaborative Courts
 <u>https://www.ca2c.org/defining-drug-court</u>
 <u>s-ten-key-components/</u>

 National Drug Court Professionals
 <u>https://www.ndci.org/publications/more-p</u>
 <u>ublications/ten-key-components/</u>

Expectations for Families

- •Make a family wellness plan
- •Follow through with your wellness plan
- Attend meetings with your social worker and family wellness team
- •Attend court hearings
- Complete frequent drug screenings
- •Participate in substance use treatment
- •Make a Life Change Plan
- •Give back to the community
- Commencement (Graduation)



Who's Eligible?

Hupa Families that have Family Dependency Cases in the Humboldt Superior Court.

Contact Information

Child & Family Services—Hoopa Branch (530) 625-4061

Hoopa Tribal Court (530) 625-4305

Humboldt Superior Court (707) 445-7256

K'ima:w Behavioral Health (530) 625- 4261 ext. 460